

DOG TREAT RECIPES

TRIED & TESTED BY OUR PAT DOGS!

**All the recipes
were provided by
Pets As Therapy
Volunteers
and Supporters.**



Please remember that treats are just that – they should not add up to more than 10% of a dog's daily calorie intake.

Also note that some of the recipes may not be suitable for dogs with food allergies/intolerance.

CHEESY DOG BISCUITS

FROM DOROTHY NICHOLS

PETS AS
THERAPY
PATnics

INGREDIENTS

- ½ cup grated cheddar cheese
- 2 tablespoons softened butter
- 1 ½ cups wholemeal flour
- ½ cup milk

INSTRUCTIONS:

1. Preheat oven to 375°F/190°C.
2. Cream together the cheese and butter and then add the milk and flour.
3. Roll dough to ¼ inch thickness and cut out shapes.
4. Place on an ungreased cookie sheet and bake for 30-35 minutes.

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DOG BIRTHDAY CAKE

FROM DOROTHY NICHOLS



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INGREDIENTS

- 1 egg
- 65g peanut butter
- 60ml vegetable oil
- 1 teaspoon vanilla extract
- 80g honey (optional)
- 135g grated carrots
- 120g wholemeal flour
- 1 teaspoon bicarbonate of soda

INSTRUCTIONS:

1. Preheat oven to 180°C/gas mark 4.
2. Grease a circular cake tin or medium square tin.
3. Combine the egg, peanut butter, oil, vanilla and honey, if desired, in a large bowl. Blend well. Stir in the carrots and mix thoroughly.
4. Sift together the flour and bicarbonate of soda and fold into the carrot mixture.
5. Spoon the cake mixture into the prepared tin and bake for 40 minutes.
6. Let the cake cool for 10 minutes, then take out of the tin.



LIVER BISCUITS

FROM ALISON WESTON

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INGREDIENTS

- 1lb liver (liquidised)
- 1lb wholemeal flour
- 3 eggs
- Splash of milk
- Drop of vegetable oil

INSTRUCTIONS:

1. Preheat oven to 160°C.
2. Mix the liquidised liver and wholemeal flour together with the eggs, milk and vegetable oil.
3. Put in a big, greased tin and bake for about 40 minutes.
4. Allow to cool, then chop into small pieces and divide into freezer bags.



FISHY TIT-BITS

FROM BARBARA BORWELL

INGREDIENTS

- 1 tin of tuna in oil
- 1 cup plain flour
- 1 egg (beaten)

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INSTRUCTIONS:

1. Preheat oven to 190°C.
2. Mix all the ingredients together and spread on a baking tray.
3. Cook for 20 minutes then allow to cool.
4. Cut into strips and store in your freezer until required.

ALFIE'S OAT & CARROT TREATS

FROM CORAL BOTTELEY

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INGREDIENTS

- 4oz wholemeal flour
- 4oz rolled oats
- 1 beaten egg
- 1 grated carrot
- 2 tablespoons vegetable oil
- Pinch of salt

INSTRUCTIONS:

1. Preheat oven to 190°C.
2. Mix all ingredients together and mould into a ball, then roll out on a floured board to a thickness of around $\frac{1}{2}$ inch.
3. Use a dog-shaped cutter, or any small cutter, and cut out the biscuits.
4. Place biscuits on a greaseproof-lined baking tray and bake for approximately 15 minutes or until just brown.

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BANANA & COCONUT OIL BISCUITS

FROM DEBORAH STRACHAN

PETS AS
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INGREDIENTS

- 1 cup gluten-free flour
- 1 banana, mashed
- 1-2 tablespoons coconut oil

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INSTRUCTIONS:

1. Preheat oven to 180°C.
2. Mix the flour and mashed banana together.
3. Add enough coconut oil to turn into a dough.
4. Roll out and cut into desired shape.
5. Bake biscuits for 15-20 minutes or longer, depending on the size of the biscuit.



PEANUT BUTTER & PUMPKIN TREATS

FROM DEBORAH STRACHAN

INGREDIENTS ✦

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- 3 cups rice flour
- 15oz cooked pureed pumpkin
- 2 eggs
- 1 teaspoon cinnamon
- ¼ cup dog friendly peanut butter

INSTRUCTIONS:

1. Preheat oven to 180°C.
2. Stir all the ingredients together to form a soft dough, then divide this in half.
3. Using a rice-floured rolling pin, roll each half to ½ inch thickness on a rice-floured surface.
4. Cut dough into shapes with a 3-inch cookie cutter.
5. Place treats on an ungreased baking tray about 1 inch apart.
6. Bake for 35-40 minutes or until dry and golden brown.
7. Cool for a minute before placing biscuits on a cooling rack.
8. Treats can be stored in a dog treat jar/airtight container at room temperature for up to a week.

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BANANA NUT CRUNCH

FROM SAM LEE-MCCLLOUD



INGREDIENTS

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300g plain flour
100g rolled oats (plain)
2 eggs
2 bananas
1 teaspoon honey

250g doggy peanut butter
(don't use peanut butter for humans and check it does not contain xylitol sweetener which can be harmful to dogs)

INSTRUCTIONS:

1. Preheat the oven to 180°C (170°C fan oven or 350°F).
2. Blend together the peeled bananas, eggs, peanut butter and honey. If you don't have a blender, mash the bananas with a fork and whisk in the rest of the wet ingredients.
3. In a separate bowl, mix together the flour and oats, then add this to the wet mixture.
4. Bring the mixture together with a spoon or using hands until it forms a dough.
5. Dust a work surface with flour and roll out the dough to be around 1cm in thickness.
6. Use a cookie cutter to cut out biscuits from the dough.
7. Place the biscuits on a lined baking tray and bake in the oven for around 20 minutes or until golden brown in colour.
8. Leave to cool fully before feeding to your dog.





DOGGY HEAVEN ICE CREAM

FROM SAM LEE-MCCLLOUD



INGREDIENTS



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- A small tub of Greek yoghurt
- 2 tablespoons of doggy peanut butter (see above)
- 2 soft ripe bananas

INSTRUCTIONS:



1. Mash the bananas in a bowl, add the peanut butter and mix together well.
2. Add the yoghurt until it's about the consistency of thick cream (depending on how hot the weather is you may need more or less yoghurt to get the right consistency).
3. Spoon into a silicone ice cube tray and freeze.
4. Once frozen pop into a freezer bag and make some more!

You can also swap the bananas for strawberries or raspberries in the summer.



CHEESY DOG BISCUITS

FROM WENDY JONES



PETS AS
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INGREDIENTS

- 192g flour
- 160g grated cheddar
- 113g margarine
- 59ml milk

INSTRUCTIONS:

1. Preheat oven to 160°C.
2. Mix the grated cheese with the softened margarine, then add the flour and enough of the milk to make a dough.
3. Roll the dough out and cut into shapes – you should get 24-36 biscuits depending on thickness.
4. Place on a greased tray and bake for 15 minutes until lightly brown.
5. Once cooled, place some in a container in the fridge and put the rest in a bag/container and freeze to use as and when.



LIVER/FISH CAKE

FROM WENDY JONES

INGREDIENTS ✦

- 450g liver (it can be lambs liver, ox liver, or a tub of chicken liver, or substitute the liver for a tin of tuna, salmon, sardines or mackerel)
- 450g flour
- 3 eggs
- Milk or water to mix

INSTRUCTIONS:

1. Preheat oven to 180°C.
2. Using a liquidiser or food processor, blend the liver with the eggs, and add flour and enough milk or water to make a sponge-like mixture.
3. Line a tin with baking paper to save it sticking, then pour mixture onto a tray and bake until it sets.
4. Allow to cool, then cut it into small cubes. Keep some in the fridge in a container and put the rest in a bag/container into the freezer

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GO BANANAS

FROM WENDY JONES



PETS AS
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INGREDIENTS

- 384g porridge oats
- 160g flour
- 59m cooking oil
- 4 tablespoons honey
- 100ml milk or water
- 2 mashed bananas
- 2 eggs

INSTRUCTIONS:

1. Preheat oven to 160°C.
2. Mix the eggs, bananas and cooking oil together, then add the flour and oats and mix well.
3. Line a tray with baking paper and spread mixture evenly onto tray.
4. Bake in oven for approximately 25 minutes.
5. Remove from oven and once cooled slice into small squares. Place some in container in the fridge and freeze the rest.



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PEANUT BUTTER & HONEY TREATS

FROM JANE PALMA



INGREDIENTS ✦

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- 300g wholewheat flour
- 1 large egg
- 270g peanut butter (xylitol free)
- 1 cup of water
- 2 tablespoons honey (or maple syrup)

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INSTRUCTIONS:

1. Preheat oven (or air fryer) to 160°C
2. Put all ingredients in a stand mixer or combine into a stiff and sticky dough with your paws.
3. Roll out to about 1cm thick and use a dog bone shaped cookie cutter to make the treats.
4. Put on a sheet of baking parchment and cook for around 15 minutes depending on your oven.
5. Remove to cooling rack, then hide them



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PEANUT, CINNAMON & COCONUT BISCUITS



FROM SARAH THOMAS



PETS AS
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INGREDIENTS

- 1 cup coconut oil
- 1 cup of peanut butter (dog friendly)
- 1 teaspoon cinnamon

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INSTRUCTIONS:

1. Mix all ingredients together in a bowl.
2. Roll into small balls and place on an ice cube tray
(or paw print/bone mould tray) and freeze.
3. Once frozen, snap out.



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SARDINES & CHEESE TREATS

FROM LESLEY QUINTON



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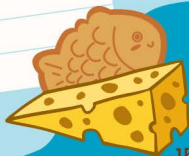
INGREDIENTS

- 1 Tin of sardines in oil
- 1 egg
- Flour to mix to a nice sticky gloop
- 2 teaspoons Parmesan cheese

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INSTRUCTIONS:

1. Preheat oven to 180°C
2. Mix all the ingredients together and put in a shallow lined cake tin.
3. Bake until mixture is firm to touch (about 20 mins).
4. Leave to cool slightly and cut into cubes. Treats can be kept in an airtight container in the fridge.



PAWS FOR THOUGHT

WHAT NOT TO FEED YOUR DOG

Blue cheese

Raisins, currants, sultanas, grapes
and other dried fruit

Avocados

Chocolate

Nuts, especially macadamia nuts
and walnuts

Onions, including sage and onion stuffing

Garlic and chives

Corn on the cob

Cooked bones

Anything with the artificial sweetener, xylitol

Be on the safe side.