

# PETS AS THERAPY

## Where to Visit

- Where should I visit?

### Establishments

- Residential homes
- Nursing homes
- Care homes
- Day Care centres
- Hospitals
- Hospices
- Special Needs Schools
- Mainstream Schools

Before you visit, think about what will suit both you and your PAT Dog or PAT Cat – your welfare and comfort and that of your PAT Dog or PAT Cat is very important.

For example,

- Would you and your PAT Dog or PAT Cat feel more comfortable in a nursing home than on a hospital ward?
- Perhaps you can only visit in the evening or at weekends?
- Are you comfortable being with people with challenging behaviours or a disability?

Contact your local Voluntary Area Co-ordinator\* if you have one. Please share any concerns that you have about visiting with them.

### Ask for a Buddy Visit

If you don't have a Voluntary Area Co-ordinator, please contact our Placement Officer, Dinah Baynton-Dibley, Tel: 0208 589 9258 or email: [ddibley@petsastherapy.org](mailto:ddibley@petsastherapy.org) who can help arrange for another more experienced volunteer to be your buddy on the first few visits.

### Start with one regular visit and build up from there.

An ideal visit would be to an establishment that is within a very short distance by car, bus or walking from your home or work. This makes it easier to include it as part of your normal routine.

Your Voluntary Area Co-ordinator may have a waiting list of establishments in your local area.

If you don't have a Voluntary Area Co-ordinator, please contact our Placement Officer, Dinah Baynton-Dibley, Tel: 0208 589 9258 or email: [ddibley@petsastherapy.org](mailto:ddibley@petsastherapy.org)

Perhaps you already have a place in mind or feel able to approach establishments yourself to make an introduction.

**NB:** For reasons of safety, security and insurance, Pets As Therapy are currently unable to arrange visiting to individuals in their own private houses.

\*Please remember that the Voluntary Area Co-ordinators are also volunteers for the Charity. If you need to contact them, please do so at a reasonable and sociable time.

For further information please contact the Pets As Therapy Head Office, Tel: 01494 569130  
Email [reception@petsastherapy.org](mailto:reception@petsastherapy.org) or visit [www.petsastherapy.org](http://www.petsastherapy.org)

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☎ 01494 569130 | [www.petsastherapy.org](http://www.petsastherapy.org) | ✉ [reception@petsastherapy.org](mailto:reception@petsastherapy.org) | 🐦 @petsastherapyUK | 📘 /petsastherapy  
Clare Charity Centre, Wycombe Road, Saunderton, High Wycombe, HP14 4BF